

# Bachelor of Sport and Exercise Science - Bachelor of Psychological Science



JAMES COOK  
UNIVERSITY  
AUSTRALIA



*Ready today for tomorrow*

[jcu.edu.au](http://jcu.edu.au)



# Why JCU?

## **A STUDENT EXPERIENCE LIKE NO OTHER**

- Access to world-class teachers
- Develop skills in state-of-the-art facilities
- Achieve exceptional employment outcomes
  - Benefit from small class sizes
  - Connect with professional networks
- Support through scholarships for merit and equity
  - Discover great accommodation options

## **GO BEYOND THE CLASSROOM**

Gain experience at the JCU Exercise Testing and Strength and Conditioning Labs and the JCU Movement Analysis Lab. Practice in state-of-the-art facilities including JCU's Psychology Clinic, observation suites, electrically shielded psychophysiology recording facilities and a controlled environment research suite.

## **STRONG NETWORKS**

Get a professional head start. Build industry contacts through placements with local and regional sports teams and community-based clinics.

## **ACCESS EXPERTISE**

Learn from world-recognised lecturers and researchers. Gain first-hand knowledge from passionate lecturers who are experts in their field.

## **SUPPORT FOR YOUR SUCCESS**

Explore JCU's range of scholarships, grants and bursaries and discover the right financial assistance to achieve your goals





# Bachelor of Sport and Exercise Science -Bachelor of Psychological Science

✓ Broaden your skill set by combining two highly-respected fields of study in JCU's Bachelor of Sport and Exercise Science – Bachelor of Psychological Science. Your expertise in both health science and psychology will prepare you with the research, analysis, and critical thinking skills required to succeed in the industry.

✓ Experience the benefits of a joint degree and graduate as an innovative, career-ready scientist who is already ahead of their colleagues.

## COURSE DETAILS:

<b>Locations:</b>	Townsville
<b>Start Dates:</b>	February
<b>Duration:</b>	5 years full-time, part-time available
<b>ATAR:</b>	69.35
<b>Prerequisites:</b>	English (Units 3/4,C); General Maths, Mathematical Methods or Specialist Maths (3/4,C)
<b>Recommended:</b>	One of Biology, Chemistry, Physics, Health Education or Physical Education.

Please visit the [handbook](#) for a detailed outline of the course structure, as well as pre-placement requirements. Note: Information is for domestic students only.

# Ready today for tomorrow

In your Sport and Exercise Science degree, gain a comprehensive understanding of how the human body responds to physical activity. Be equipped with theoretical and practical skills to help individuals and athletes improve their physical performance, focusing on North Queensland's tropical climate and cultural heritage. Benefit from practical placements as you learn to assess, design, and deliver exercise programs to a variety of people, from community members to elite athletes.

In your Psychological Science degree, study the human mind and develop a strong foundation of psychological theory, practice, and research skills. You will gain expertise in analytical thinking and scientific research methods relevant to a broad range of careers and further study. Study a core program along with additional psychology electives to suit your interests and requirements. Take advantage of world-class research and observation facilities, including a working on-campus psychology clinic in Townsville.





*“Engaging in a joint degree has allowed me to keep doors open. It is also an opportunity to obtain two Bachelor’s degrees in less time than it would take to complete them both separately. Sport and Exercise Science and Psychological Science complement each other well. The content taught in one is almost always pertinent to the other, strengthening understanding in both. I envisage undertaking further study focusing on one of the degrees. Professionally, having a joint degree will make me more marketable and provide more varied career options.”*

**Lucy Fagez**

BACHELOR OF SPORTS AND EXERCISE SCIENCE - BACHELOR OF PSYCHOLOGICAL SCIENCE



*“Our joint degree in Sport & Exercise Science/Psychological Sciences is a great way to learn about the many physiological and psychological factors that influence people about sport and exercise. This knowledge will help you make a difference in their lives, whether they are clients from community health settings, sporting group settings or corporate health settings.”*

**Associate Professor Fiona Barnett**

HEAD OF SPORTS AND EXERCISE SCIENCE DISCIPLINE



## Career Opportunities

JCU Sport and Exercise Science – Psychological Science graduates are broadly-skilled and are sought-after in a large range of health-related industries.

Graduates pursue careers in various areas including sports, health, wellbeing, nutrition, and psychology.

You could find employment as a sport and exercise physiologist, sports coach, strength and conditioning coach, dietician, clinical psychologist, counselling psychologist, psychotherapist, or social worker. You could also go on to study the Bachelor of Sport and Exercise Science (Honours).





# JCU Accommodation

Study and live in some of the most interesting places in the world. Townsville is on the doorstep of the Great Barrier Reef, magnificent rainforests, the savannah region and Outback Australia.

Living on-campus is a great way to make the most of your time at JCU. JCU Townsville, Bebegu Yumba campus, Douglas, has five different accommodation options housing over 1,200 students. JCU Cairns, Nguma-bada campus, Smithfield, features an accommodation complex for 300 students. Living on-campus is a great place to make new friends and immerse yourself in the JCU culture. All rooms at our on-campus residences are single board, with a single bed, study desk, chair, fan, air-conditioning and Wi-Fi. Each residence is different in regards to style of living, culture and atmosphere. There are options for fully catered or self-catered housing. Find out more at [jcu.edu.au/accommodation](https://jcu.edu.au/accommodation)





## Contact us

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