# Psychological Science





# **Brett Campbell**

**CAREER PATH:** Physical performance has always been my passion. My time in the sport and exercise industry has shown me the importance of mental well-being on physical performance and overall health. I'm not sure which direction my degrees will take me; at present, I'm just enjoying the process of expanding my knowledge.

**ABOUT ME:** I moved to Townsville in 2020 after having lived in Victoria my whole life. Apparently, I'm in the process of building a library of books I want to read but possibly never will.

FUN FACT: Can cook minute rice in 58 seconds. Can also fold an A4 piece of paper 8 times.



## Kirsty Grogan - 2022 Mentor Leader

**CAREER PATH:** Upon completion of my degree(s), my goal is to work either in either research in psychology and criminology, or as a provisional psychologist within the criminal justice fields to become a registered psychologist.

**ABOUT ME:** I am a born and bred Townsville local though I have lived and worked away from here for nearly 18 years. I am a qualified geologist with a MSc and four-time alumni of JCU. I am currently completing my fifth and sixth degrees at JCU (BPsych Sci – Hons) and Griffith University (BCrim and Crim Just) whist also being a single mum to a rambunctious nine-year-old boy who loves to test my patience and resilience every single day.

**FUN FACT:** I competed at National Level for Volleyball during my first degree at JCU in 1995 (yes, I am old) and as an added bonus, I had a world-class discovery during my Masters in Geology in Cairns.



#### **Asia Lam**

**CAREER PATH:** Working in a clinical setting is where my goals and passions lie, and my ultimate dream is to specialise in paediatric psychology, helping children with whatever mental, behavioural and learning needs they may have.

**ABOUT ME:** I was born and raised in Australia but my parents are both Vietnamese. I have a younger brother. In my spare time, I enjoy doing quiet but healing activities like cooking (particularly Asian cuisine), baking, reading, journaling and watching films/TV series. I am the biggest homebody there is haha!

**FUN FACT:** I teach myself languages! I LOVE to learn about different cultures and am currently self-studying Japanese and Korean. I have also taken a semester of French, and am fluent in Vietnamese and English.



### Seisia Luxford

**CAREER PATH:** Following graduation I'd love to be a clinician involved in assessment and diagnosis.

**ABOUT ME:** I grew up in Ingham and moved to Townsville for university. I'm interested in philosophy, experimental music, sci-fi and anime, and am happy to talk about these subjects!

FUN FACT: I've climbed the Sydney Harbour Bridge.



## **Jess Simmonds**

**CAREER PATH:** After graduating I am hoping to one day be involved in research, which means I have a lot more studying to do  $\Theta$ .

**ABOUT ME:** I am a bookworm and spend my spare time reading more books than I'd care to admit. **FUN FACT:** I am from Australia but was an army brat as a child, so I have never lived in one place for longer than three years.