# Student Support Services Directory





### Student Support at JCU

Successful students know how and where to find help. JCU has a wide range of free, confidential support services to help with your academic, personal and employability development. We have a saying at ICU that SMART STUDENTS SEEK SUPPORT in their journey to becoming an independent learner. At university you need to 'study smarter and not harder' and this often requires you to access professional services early to fast track your success.

These services are available to all students, whether on campus, at a study centre or studying externally. Visit **jcu.edu.au/support** for full list of support services at JCU.

External and study centre students can also visit **jcu.edu.au/off-campus-students** for more information about services available to students studying outside of Townsville and Cairns.

### Why JCU?



12022 Good Universities Guide



James Cook University is committed to fostering a community that features, at its core, respect, inclusion and safety for all.

JCU is proud to be part of the Respect.Now.Always. campaign - a national initiative led by Universities Australia to prevent and address sexual harassment and sexual assault. Further information about JCU's commitment to the elimination of sexual harassment and sexual assault, and services and support for students can be found at jcu.edu.au/safety-and-wellbeing









 $We acknowledge the Australian Aboriginal \ and Torres \ Strait \ Is lander \ peoples \ as \ the \ Traditional \ Owners \ of the \ lands$ and waters where we operate our business. We honour the unique cultural and spiritual relationship to the land, waters and seas of First Australian peoples and their continuing and rich contribution to JCU and Australian society. We also pay respect to ancestors and Elders past, present and future.



### Accommodation

Finding the right accommodation to suit your individual needs is an important step in preparing for life at JCU.

Whether you need somewhere to stay for a short block mode subject or for your whole degree, there are a number of options available and our Accommodation team can help you find a place that suits your needs.

A great way to experience university at JCU is by living on campus with other students. Our on-campus options range from long corridor-style, fully-catered residences to smaller self-catered facilities.

Alternatively, off-campus housing can come in the form of sharing a house with other students, homestay, purpose-built student accommodation, or renting an entire property.

We are here to provide support or to answer any questions you have in relation to the property or location you are considering living during your time at JCU.

#### Contact Us:

07 4781 4148

accommodation@jcu.edu.au

jcu.edu.au/accommodation



"Living on campus has been so convenient for studying with university facilities being within walking distance. The staff are very friendly and supportive and provide opportunities to meet different people from a diverse range of degrees. It's a great way to meet long life friends."

**Caitlin Harris BACHELOR OF NURSING SCIENCE** 

### Careers and Employability

It's never too early to start thinking about the career options and employment opportunities with your degree.

JCU Careers and Employability offers a wide range of services, resources and webinars to assist with your career planning, employability, and successful transition into graduate employment.

#### Individual Support

- Career planning and preparation
- Job search and application support
- Resume, cover letter and LinkedIn assistance
- Industry and employer events

#### Online Resources

- Discipline-specific career snapshots and resume examples
- Careers and employability webinars
- JCU Job Ready steps for success
- JCU Employability Edge self-paced modules
- CareerHub job listings and events
- Big Interview practice software

#### Contact Us:

1800 246 446 (select 'option 4')

careers@jcu.edu.au

🎨 jcu.edu.au/careers



# College Student Support Officers

Student Support Officers (SSO) provide personalised support to first year students.

SSOs provide advice, advocacy and referrals to University services. They will work with you to help achieve your educational goals, and to succeed at university by offering timely information and support when it's needed.

Make an appointment with your SSO by contacting the relevant contact for your College.

💸 jcu.edu.au/students/support/student-support

# Feedback and Complaints

JCU is committed to having an effective system of complaint management that responds to complaints in a positive way and contributes to the continuous improvement of the teaching and learning environment.

JCU welcomes your feedback and perspectives about your experiences as a student. You have the right to express concern about anything you have experienced at JCU that you believe is wrong.

icu.edu.au/students/feedback-and-complaints

### First Year Experience Coordinators

Every course at JCU has a designated First Year Experience Coordinator (FYEC) who is an academic staff member that teaches commencing students and understand the challenges that new students often face when transitioning into university. They can help provide advice about your course, support service referrals, and strategies for success in your studies.

Your FYEC will also deliver your Course Activity in O Week, which will help you understand your course structure, academic expectations, and career paths. This interactive session will also include a course-relevant activity to help kickstart your studies.

jcu.edu.au/fye-coordinators

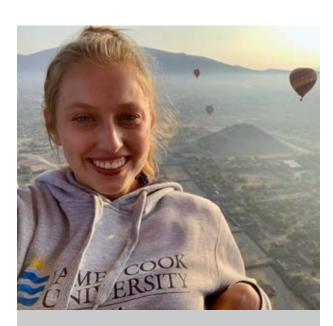
## Global Experience

Want to get the most out of your degree? Make a lifetime of memories and earn your degree at the same time. The JCU Global Experience Program helps students develop the knowledge, skills, and disposition to succeed in a global workforce. Open your mind to exotic locations, unique experiences, and extraordinary people with over 60 exchange partner universities across 20 countries. You can choose from the following options to tailor your overseas experience:

- Exchange Program Choose a semester or two at one of our partner universities
- Short Study Program Access summer and winter schools, individual placements, internships and group study tours around the world
- Intercampus Mobility Spend a trimester or two studying at JCU Singapore

Funding is available through the New Colombo Plan, OS-Help Loan and various scholarships to assist with your expenses.

jcu.edu.au/globalexperience



"I wanted to experience life on the other side of the world. My classes were interesting and the small class sizes made it feel personal. I even had the opportunity to volunteer in a lab whilst I was there. Being taught by world-renowned scientists and meeting a bunch of like-minded people made my exchange experience - I now have friends all over the world."

#### Kathryn McKenna

BACHELOR OF SCIENCE - MARINE BIOLOGY Exchange @ University of Miami

### Indigenous Education and Research Centre

The Indigenous Education and Research Centre (IERC) has dedicated facilities on the Townsville and Cairns campuses to help Aboriginal and Torres Strait Islander students reach their full potential. IERC offers individual support, professional development opportunities, study sessions, and access to free tutoring to all indigenous students whether studying on-campus or externally. The IERC facilities and computer labs are open all day, every day and are secure, welcoming spaces where students can study, meet up with other students and staff or simply

During your studies, the staff at IERC will help you to become an independent learner, develop ways to meet the academic demands and expectations of your course, and stay motivated. Think of us as family.

#### Contact Us:

- C 07 4781 4676 (TSV)
- CNS)
- ierc@jcu.edu.au
- 🏇 jcu.edu.au/ierc



"I received support on a holistic level – support with study, scholarships, mentorships, and even support with emotional and mental well-being. The Indigenous staff became my university family, and the Centre my home away from home."

#### Phillip Obah

BACHELOR OF ARTS - BACHELOR OF BUSINESS ALUMNI

### International Student Support

JCU International Student Support is here to help with your transition into life at JCU, with services such as:

- Airport arrival service for new students
- International student mentor programs to help you settle into life in Australia
- International Student Orientation Day at the start of each semester
- Overseas Student Health Cover (OSHC)
- Regular social events to help you develop friendships with other students, meet staff, and enhance your campus experience
- Completion ceremony for international students

It is important to remember that things won't always be easy. You may experience homesickness, culture shock, and many other challenges that come with a life-changing experience. In these situations, remember that the International Student Support Team is here to help you.

#### Contact Us:

- C 07 4781 4662 (TSV)
- CNS)
- 🔀 internationalsupport@jcu.edu.au
- jcu.edu.au/international

"My time at JCU has been filled with highlights throughout study, placement, on-campus student activities, and international exchange programs. A highlight has been the chance to mentor first year social work students through the Student Mentor Program and give back to the JCU community."

Finola Rytkönen **BACHELOR OF SOCIAL WORK** 





### IT Support Services

#### IT Help Desk

IT Help Desk is your first point of contact for all ICT Services offered at JCU, including IT enquiries, account access issues, and fault reporting.

#### **FREE Software**

While studying at JCU, you have access to Microsoft Office 365, which can be installed on your personal devices. You can find a list of additional software available to students in the IT KnowledgeBase.

#### Cybersecurity

Simple safeguards do not cost much time or money. Acting after an event is too late! We do not want the excitement of university life to be impacted by cyber-scammers, so follow these tips to stay safe online:

**Start** using strong passwords/passphrases, change them if you suspect they have been compromised, and make sure you do not share or reuse for non-ICU accounts.

**Start** using a password manager to manage your accounts and passwords.

**Stop** sharing too much information. Keep your personal information personal.

**Stop** installing untrusted applications by making sure they are from a verified source (e.g. Google and Apple application stores).

**Stay** alert to phishing emails, the most common cause of JCU account compromises.

**Stay** educated. Search Secure IT on the JCU website for important security tips and detailed information on our policies.

# Library

#### **Library Services**

JCU Library is an essential academic and student service with print and digital resources that you can borrow, or access online 24/7. Library staff assist with finding, evaluating, and referencing information resources for your assignments. Liaison Librarians work with courses, ensuring you get tailored library help with your subjects. Visit the Library Guides, Workshops and Events page on the library website to see what is on offer to help you with your studies.

#### **Campus Facilities**

Cairns and Townsville campus libraries are open seven days a week with extended opening hours during exam periods. All students are welcome to visit, but you may need your Student ID card to access some facilities.

- Computers and Wi-Fi
- Collaboration, Quiet and Silent Study zones
- Group study rooms (bookable)
- CopyPrint pay stations
- Printing (including 3D) and photocopying
- Binding and laminating
- Collections and self-serve loans
- Kitchenette access and food/drink vending machines
- Cafe and lockers with charging facilities (Townsville only)
- Information Commons 24/7 (Townsville only)

#### **GATCF Labs**

Need a computer on campus?

The university computer labs, known as GATCF Labs (General Access & Teaching Computer Facilities), allow access to software, computers and the internet 24x7 across Townsville, Cairns and Mackay campuses.

#### Learn|CU

LearnJCU is your online learning environment. Here you will access your subjects, navigate learning materials, view lecture recordings, submit assessments, and connect with your classmates via Collaborate.

#### Contact Us:

- C 07 4781 5500 (TSV)
- 07 4232 1777 (CNS)
- ithelpdesk@jcu.edu.au
- 🌼 jcu.edu.au/ict



#### Services and Resources

- Chat with a Librarian service
- Borrowing and general library assistance
- Peer-to-peer library assistance
- Digital skills help
- Individual appointments for specialised queries
- Library FAOs
- OneSearch resource discovery tool
- Databases
- Library guides
- InfoSkills Toolkit self-paced library skills training
- Course Readings
- Off Campus Library Service
- JCU Library News blog

#### **Contact Us:**

- (select 'option 3')
- 🌼 jcu.edu.au/library

### Safety and Wellbeing

JCU is committed to ensuring the safety and wellbeing of all its members and providing a working and learning environment (online and oncampus) that is free from discrimination and harassment. Support and information is available through:

- JCU Respect online modules
- Workshops and events
- **Equity Contact Officers**
- Policies, procedures, reporting guidelines and support
- Cyber and technology abuse resources

jcu.edu.au/safety-and-wellbeing

#### Safety on Campus

JCU Security contributes to the provision of a safe and secure environment for all staff, students and visitors. Security are on campus 24/7 and can provide on-campus escorts after-hours between buildings, car parks and on-campus accommodation. JCU Security can also assist with on-campus emergencies. The emergency telephone number is 1800 675 559 – please take the time now to enter this into your mobile telephone.

豫 jcu.edu.au/jcu-contact-information/security

### Student Association

The JCU Student Association (JCUSA) is a not-for-profit organisation run by elected students independent of the University. JCUSA is an integral part of the University community, bringing the campus to life with a variety of student engagement activities and events.

JCUSA can help with information, advocacy and referral on a range of student support issues. JCUSA also helps with academic support issues including exams and assessment, appeals, interpreting University policies and procedures, and academic misconduct.

Membership with JCUSA is optional, however members can receive extra benefits and discounts, as well as the right to vote in council elections.

#### **Support Services:**

- Academic Advocacy
- Welfare Assistance
- Clubs and Societies
- Sport and Recreation

#### Contact Us:

- **1800 330 021**
- studentassociation@jcu.edu.au
- 🎊 jcusa.edu.au



### Student Centre

The Student Centre is your number one point of contact and if we can't answer your question, we will point you in the right direction. Our services include:

- Applying to JCU
- Entry requirements
- Subject and course advice
- Enrolment help
- Subject timetables
- Credit for previous study
- Fee and financial support
- · Assessment, grades, results
- Academic progression
- Student ID cards
- Academic records
- Graduations

#### **JCU App**

The JCU App is your mobile study assistant. Use it to:

- Accept an offer to study at JCU and complete the enrolment process
- Enrol in subjects and register for classes
- View your personalised timetable including class times and locations
- Access study tools like LearnJCU, eStudent and the Library search without having to log in again
- Open your JCU Email from within the app
- Find your way around campus, including parking information



#### Ask Us:

If you have a question, check AskUs – it's a 24/7 online enquiry database with answers to more than 1,000 commonly asked questions.

jcu.custhelp.com

#### Contact Us:

1800 246 446 (select 'option 1')

enquiries@jcu.edu.au

jcu.edu.au/contacts

### Academic Calendars

Find key dates including O Week, study periods, payment due dates, census dates, and exam periods. You can also print out teaching period calendars at:

jcu.edu.au/students/academic-calendars



"My advice to new students would be to use all the free resources and services that are made available to you. Sometimes things can get overwhelming, but JCU has the support programs in place to help you succeed."

Phoebe Ryder

BACHELOR OF NURSING SCIENCE

### Student Equity and Wellbeing

Wellbeing is a combination of your physical, mental, emotional, spiritual and social health, and is strongly linked to happiness and life satisfaction.

Student Equity and Wellbeing services provide professional, free and confidential support, information, and referrals to assist you in developing the capacity and resources to manage personal circumstances that could impact on your studies.

#### AccessAbility Services

If you are studying with a documented disability, injury, illness, short or long-term health condition, including learning disabilities and mental health conditions, you can register with AccessAbility Services.

AccessAbility Services staff can assist registered students to:

- Develop, document and implement reasonable adjustments
- Access assistive equipment, technology and software, adjusted exam conditions, mobility aids and other potential solutions that suit vour needs
- Develop strategies to assist with your studies and prepare you for employment.
- Build on your own resilience and resourcefulness

#### Counselling and Wellbeing

Counsellors can assist you to clarify issues and explore alternatives or solutions to issues that could be impacting on your academic progress and university experience. Counsellors can also provide helpful tools, strategies, and perspectives on personal, relationship, study or workrelated difficulties.

Our Counsellors have Psychology, Social Work, Youth Work, Occupational Therapy and/or Counselling qualifications and can facilitate referrals to other services available on and off campus.

#### Multifaith Chaplaincy

The Multifaith Chaplaincy provides pastoral care, spiritual and religious support to students of any religious or spiritual background. The Multifaith Chaplaincy also facilitates a number of programs for

#### Contact Us:

- **1800 246 446 (select 'option 2')**
- xtudentwellbeing@jcu.edu.au
- 🏇 jcu.edu.au/sew

### Student Mentor Program

Student Mentors are experienced, successful students in your course who volunteer their time to help new students through their first study period at JCU. They can provide valuable tips and advice about:

- Support services
- Finding your way around campus
- General queries about university life
- Effective strategies to approach your subjects
- Getting organised for your study, assessments and exams
- Connecting with other new students and forming study groups

Students who have a mentor and attend O Week are more likely to stay and succeed at JCU: 23% improved retention and 1 Grade Point Average. You will connect with your mentor during O Week.

#### Contact Us:

- tsv-studentmentors@jcu.edu.au
- cns-studentmentors@jcu.edu.au
- offcampus-studentmentors@jcu.edu.au
- 💸 jcu.edu.au/mentors



"I had completely forgotten how to study. However, I got through because the people and resources at JCU are so good. I had a wonderful mentor who inspired me to become a mentor as it helped me adjust so well. I always thought that JCU believed in my capabilities before I knew what I was capable of achieving."

#### **Laura Fewtrell**

**BACHELOR OF SPORT AND EXERCISE SCIENCE** 

### The Learning Centre

The Learning Centre has a range of services to help you get the most from your study. From our webpage you can:

- Access all self help resources for learning including: reading, writing, maths and statistics, study and assessment planning strategies
- Access Short Courses and Workshops
- Chat with an experienced senior student at the Peer Advice Desk
- Access Peer Assisted Study Sessions, proven to help improve your
- Make an appointment with a qualified Learning Advisor for a 30-minute consultation to help you achieve your study goals

#### Peer Advice Desk

Peer Advisors are trained students who can help with general academic short consultations on the following topics:

- Managing your time
- Study strategies
- · Understanding and planning your assignment
- Editing strategies
- Basic mathematics and statistics

#### Peer Assisted Study Sessions (PASS)

PASS is an academic support program for selected subjects, facilitated by an experienced student leader and focuses on integrating course content (what to learn) with academic reasoning and study skills (how to learn).

#### Studiosity

Available to all JCU students, Studiosity provides free after-hours support from a trained network of advisors. JCU Australian tropical campus students have acces to eight personalised online interactions with Studiosity each semester (6 month period).

- Connect Live (3pm-midnight) Connect to a live tutor for help with a question right away about English, Maths, Science, Business, and other core skills areas
- Writing Feedback (any time) Review of submitted assessment drafts for academic literacy, including structure, spelling, grammar, punctuation, and referencing. No review of content, no editing or proofreading

Studiosity can be accessed through the Books & Tools menu within your LearnJCU subject site.

#### **Learning Advisors**

Our expert Learning Advisors suppor the development of students' academic language and learning strategies in specific subjects across the University through 30-minute consultations.

#### Contact Us:

- 🔀 learning@jcu.edu.au
- 🔀 peeradvice@jcu.edu.au
- 🎨 jcu.edu.au/learning-centre



"Studying externally can feel a little isolating, so it is reassuring to have access to the same support as students studying on-campus. I would highly recommend attending the online Orientation sessions as they helped me overcome my nerves and I picked up some handy study tips.

My advice to new students is to plan and manage your time well, don't be afraid to ask lots of questions and do your best to make friends."

Greg Scurfield

BACHELOR OF EDUCATION (PRIMARY)

Find out more about how your Student Services and Amenities Fee contributions are improving support services and facilities at JCU - Search 'SSA Fee'.



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in James Cook University

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This publication is intended as a general guide. The information is correct at the time of printing. Prospective students should contact the University to confirm admission requirement and course availability. James Cook University reserves the right to alter any information without prior notice.

